

BLS for Healthcare Providers Course

1- and 2-Rescuer Infant BLS

Skills Testing Criteria and Descriptors

1. **Assesses victim (Steps 1 and 2, assessment and activation, must be completed within 10 seconds of arrival at scene):**
 - Checks for unresponsiveness (this MUST precede starting compressions)
 - Checks for no breathing or only gasping
2. **Sends someone to activate emergency response system (Steps 1 and 2, assessment and activation, must be completed within 10 seconds of arrival at scene):**
 - Shouts for help/directs someone to call for help AND get AED/defibrillator
 - If alone, remains with infant to provide 2 minutes of CPR before activating emergency response system
3. **Checks for pulse:**
 - Checks brachial pulse
 - This should take no more than 10 seconds
4. **Delivers high-quality 1-rescuer CPR (initiates compressions within 10 seconds of identifying cardiac arrest):**
 - Correct placement of hands/fingers in center of chest
 - 1 rescuer: 2 fingers just below the nipple line
 - Compression rate of at least 100/min
 - Delivers 30 compressions in 18 seconds or less
 - Adequate depth for age
 - Infant: at least one third the depth of the chest (approximately 1½ inches [4 cm])
 - Complete chest recoil after each compression
 - Appropriate ratio for age and number of rescuers
 - 1 rescuer: 30 compressions to 2 breaths
 - Minimizes interruptions in compressions:
 - Less than 10 seconds between last compression of one cycle and first compression of next cycle
5. **Switches at appropriate intervals as prompted by the instructor (for purposes of this evaluation)**
6. **Provides effective breaths with bag-mask device during 2-rescuer CPR:**
 - Provides effective breaths:
 - Opens airway adequately
 - Delivers each breath over 1 second
 - Delivers breaths that produce visible chest rise
 - Avoids excessive ventilation
7. **Provides high-quality chest compressions during 2-rescuer CPR:**
 - Correct placement of hands/fingers in center of chest
 - 2 rescuers: 2 thumb-encircling hands just below the nipple line
 - Compression rate of at least 100/min
 - Delivers 15 compressions in 9 seconds or less
 - Adequate depth for age
 - Infant: at least one third the depth of the chest (approximately 1½ inches [4 cm])
 - Complete chest recoil after each compression
 - Appropriate ratio for age and number of rescuers
 - 2 rescuers: 15 compressions to 2 breaths
 - Minimizes interruptions in compressions:
 - Less than 10 seconds between last compression of one cycle and first compression of next cycle