WEB EMAIL WWW.TOPFORM.US RON@TOPFORM.US



- Top Form Overview
- Class Overview
 - Semester (45hrs) long course administered in one week!
 - Class room instruction and significant home preparation
 - Mandatory attendance: M-Th 6-10pm possibly going late.
 - Saturday 8-?pm
 - Assignments due last day of class: Saturday
 - Assignments are:

Cover slide Power Point or other Presentation Program Mission Statement slide
Statement of Coaching Philosophy slide
Coaching Duties & Responsibilities slide
Risk Management slide
Research topic slides 5-7