

# The Philosophy, Principles and Organization of Athletics in Education

Session 2:  
Athletics in Education

# Athletics in Education

- Character Education
- Life Skills
- Goals (season, team, individual)
- Educational Framework – Four C's
- Social Development
- Rules of the Game (Life)
- “Teachable Moments”
- Athletic & Academic opportunities

# Guiding Principles of Interscholastic Athletics

- Regulations of the Commissioner of Education Part 135.4 (NYSPHSAA Handbook) pg.42-50
  - Provisions for athletic activities
  - First Aid/CPR requirements
  - Guidelines for sport standards (handbook)
- NYSPHSAA Constitution pg.31-40
  - Article 1 Purpose
  - General Objectives
- Desirable outcomes for athletic competition for every student-athlete
- Using “teachable moments”

# Role of Interscholastic Athletics in Education

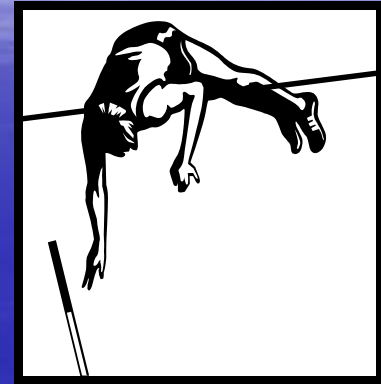
- Educational Framework (handout)  
[www.nysphsaa.org](http://www.nysphsaa.org) or [www.nysed.gov](http://www.nysed.gov)
- Methods of assuring educational approaches
  - Coach/Player Evaluation
  - School district expectation for coaches
  - Job description
  - Hiring Protocol
  - AD/Coach communication

# Building a coaching/teaching philosophy

- National Standards for Coaching [www.naspe.org](http://www.naspe.org)
- 8 Domains:
  - Injuries: Prevention & Care
  - Risk Management
  - Growth Development & Learning
  - Training, Conditioning and Nutrition
  - Social & psychological, aspects of coaching
  - Skills Tactics and strategies
  - Teaching and Administration
  - Professional preparation and development
- Commissioners Regulations p.42
- NYSPHSAA Philosophy p.28
- District's Mission Statement
- Personal Philosophy (reflection of your program)

# Historical Review of Athletics

- In New York State pg.24
- In Local Section
- In Local Leagues
- Sports, participants, leagues, districts, tournaments, from state to national programs.



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## Session 3:

### Organization of Interscholastic Athletics

# Organization

- NYSPHSAA
- Section
- District or League
- Administration
  - Principals
  - Athletic Directors





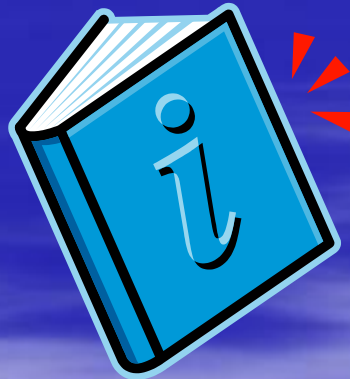
# Organization

- League Meetings ( AD)
- Coaches Meetings (league)
- Year round program (pre-In-post)
- Planning year round (preparation)
  - \* Handbooks
  - \* schedules
  - \* team goals
  - \* staff
  - \* conditioning
  - \* academics
  - \* budget



# National Federation of State High School Associations

- NFHS web site – [www.nfhs.org](http://www.nfhs.org)
- NYSPHSAA Handbook (see federation p.141)



# Commissioner of Education Regulations and NYS Education Department

- Selection Classification p.144
- Americans with Disabilities Act (ADA)
  - Athletics and the Special Education Student
  - LRP Publications, Horsham, PA. 1997 pp.484
  - NIAA Leadership Training Program-Course 506
- Title IX
- Sexual Harassment
- Mixed Competition p. 46 & p.50
- Bona-Fide student p. 51 & 58

# Cont.

- Duration of Competition p. 45 & 59
- Home Schooled Student p. 58
- Charter Schools – public schools which may apply for NYSPHSAA membership, only BONA FIDE STUDENTS are eligible in charter schools.
- Special Act Schools – public schools designated special act by SED
- (Sections may classify sport by sport)

# NYSPHSAA Structure & Regulations

- Constitution p. 28-40
- Administrative Staff p. 2-27
- Association Officers and Sport Coordinators
- Organization Structure & Committees
- Eligibility Standards
- Modified Sports – Refer to NYSPHSAA Handbook, Modified section: Highlight Philosophy, General Eligibility Rules for Modified Programs and Modified Game Rules and Game Conditions

# Structure and Regulations Cont.

- Classification of Schools p. 144
- Sanctioning Inter-State Competition p.62-63
- Sport Standards p. 76
- Officials Organizations and Officials' p.127
- Contract – Reference NYSPHSAA Handbook – Officiating p. 58 & 121

# Section Structure

- Geographic 11 sections (handbook)

## Individual Section Structure and Regs

- NYSPHSAA and Local Section

## League Structure

- NYSPHSAA/Section/League p. 37

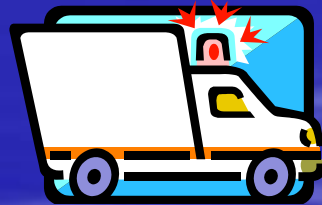
# Session 4: Risk Management

Refer to Chapter 20  
Successful Coaching in text



# Risk Management

- CPR/First Aid and AED training
- Equipment Inspection (field & facilities)
- Conditioning/Wt. training (sport specific)
- Pre-season meeting (informative)
  - Physicals
  - Emergency cards
  - Pre/Post test
  - Practice schedules/scrimmages/games
  - Goals and expectations
  - Team Rules
  - Reporting Injuries (Athletic Trainer) Chain of command
  - Documentation



**Emergency**

# Risk Management Process

- Identify Risks
- Evaluate Risks
- Select an approach to manage risk
- Implement the approach
  - Avoid the risk
  - Accept the risk
  - Transfer the risk



# Coaches Legal Duties

- Refer to Chpt. 20 in Successful Coaching text (pp.470)
- Due Process Progression
- Four Standards of Due Process ( see addendum I )
  - Notification of charges and penalties imposed
  - Right to legal Representation
  - Established Appeal Process
  - Right to Call or Cross examine witness



# Certified Personnel

- Appoint coaches who meet NY-SED certification requirements

# Medical Requirements

- Pre-participation Physical Examination p. 61
- Health History Updated and Reviewed
- Return to play policy and procedures – local school policies

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Session 5 & 6:  
Model of Successful Coaching

# Successful Coaching

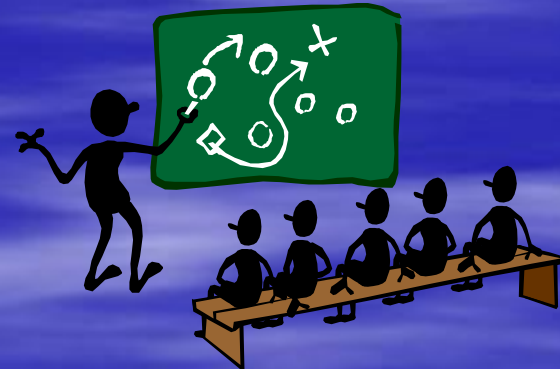
- Quality staff
- Outstanding skilled athletes
- Enthusiasm
- Educated in fundamentals of teaching skills
- Leadership skills and delegates
- Motivation and determination to succeed
- Caring and compassion
- Disciplinarian
- Role Model
- Teacher

# Successful coaching

- Wears many hats....
- Builds relationships...students, parents, teachers, staff, administration, community members.
- Athletic venue = extension of the classroom
- Program produces “winners”
- Lifelong skills and relationships
- People come first.
- Life is work so enjoy it.

# Managing Relationships

- Athletic/School Administrators
  - Understanding Professional Relationships
  - Organizational Skills
  - Effective Communication Skills
  - Accountability





# Players

- Captains Counsel
- School Code of Conduct p. 119
  - Publish, post and sign to indicate understanding awareness for parents and athletes
  - Examine various Codes to develop an ideal model
  - Recommended resource: NYSPHSAA “Developing Successful Codes” Program
- Accountability/Violations/Consequences p. 120
  - Indefinite suspension
  - Team suspensions and student rights/Due Process
  - Remediation Considerations

# Coaches

- Involve team in establishing acceptable/unacceptable behavior standards
- Teach and continually reinforce appropriate, respectful behavior standards toward opposing coaches, players, officials and spectators
- Acceptance of Diversity
- Model and demonstrate good sportsmanship behaviors
- Hazing and Sexual Harassment – refer to school policy for hazing and sexual harassment (see addendum 2)

# Officials

- “Coach your team not the officials”
- Understand the need for officials
- Respect and accept their judgment
- Be a role model for players and spectators
- Don't embarrass them
- Review lines of communication for reporting problems with officials (section office or officials representative)

# “Parents as Partners”

- Helping parents understand their role to support their child and the team
- Parental guidelines establishing parameters of acceptable behavior during the season
- Appropriate time when dealing with conflict and concerns
- “Cool off ” period- next day, not after game
- Schedule a meeting through athletic administrator
- Extend appreciation for their support

# Spectators

- Work with athletic administration to foster positive spectatorship
- Plan with athletic administrator to provide proper management plan
- Coach should model expected behavior reflective of the student-athletes mission
- Reinforce with the student body appropriate expectations for group behavior through pep rallies, physical education classes, assemblies, etc.
- Encourage appropriate relationships with cheerleading squads to promote a positive and supportive environment

# Other Coaches

- Head Coach is program administrator
- Create meaningful roles for assistants and give them responsibilities for some aspect of the program
- Help train and educate assistants
- Maintain positive/respectful relationships with opposing coaches and opponents
- Enjoy the competition

# Sportsmanship a Priority for ALL

- School District plan is a necessity
- NYSPHSAA Sportsmanship Guide p.70
- NYSPHSAA Citizenship through Athletics
- NYSPHSAA Good Sports Program
- NYSPHSAA Hazing Identification and Prevention Workshop
- Section and League Guidelines

# Professional Development

- Continued self improvement
- NYSPHSAA Sport Specific Clinics
- Seminars
- Workshops
- Literature
- Professional Organizations and membership
- NYSPHSAA and other accredited websites



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## Session 14: The Business Aspects of Coaching

# Business Aspects

- Budgeting (prioritize)
- Purchasing (quality bids)
- Record Keeping (awards, records, injuries..)
- Maintenance of equipment (3 year cycle)
- Collecting and reconditioning equipment
  - Last competition or scheduled meeting
  - 100% accountable for all equipment
    - Check out form beginning of season
    - Check out form end of season