

BLS for Healthcare Providers Course

1- and 2-Rescuer Adult BLS With AED Skills Testing Sheet



See 1- and 2-Rescuer Adult BLS With AED Skills Testing Criteria and Descriptors on next page

Student Name: _____ Test Date: _____

CPR Skills (circle one):	Pass	Needs Remediation
AED Skills (circle one):	Pass	Needs Remediation

Skill Step	Critical Performance Criteria	✓ if done correctly
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1-Rescuer Adult BLS Skills Evaluation

During this first phase, evaluate the first rescuer's ability to initiate BLS and deliver high-quality CPR for 5 cycles.

1	ASSESSSES: Checks for response and for no breathing or no normal breathing, only gasping (at least 5 seconds but no more than 10 seconds)	
2	ACTIVATES emergency response system	
3	Checks for PULSE (no more than 10 seconds)	
4	GIVES HIGH-QUALITY CPR:	
	• Correct compression HAND PLACEMENT	Cycle 1:
	• ADEQUATE RATE: At least 100/min (ie, delivers each set of 30 chest compressions in 18 seconds or less)	Cycle 2: Time:
	• ADEQUATE DEPTH: Delivers compressions at least 2 inches in depth (at least 23 out of 30)	Cycle 3:
	• ALLOWS COMPLETE CHEST RECOIL (at least 23 out of 30)	Cycle 4:
	• MINIMIZES INTERRUPTIONS: Gives 2 breaths with pocket mask in less than 10 seconds	Cycle 5:

Second Rescuer AED Skills Evaluation and SWITCH

During this next phase, evaluate the second rescuer's ability to use the AED and both rescuers' abilities to switch roles.

5	DURING FIFTH SET OF COMPRESSIONS: Second rescuer arrives with AED and bag-mask device, turns on AED, and applies pads	
6	First rescuer continues compressions while second rescuer turns on AED and applies pads	
7	Second rescuer clears victim, allowing AED to analyze—RESCUERS SWITCH	
8	If AED indicates a shockable rhythm, second rescuer clears victim again and delivers shock	

First Rescuer Bag-Mask Ventilation

During this next phase, evaluate the first rescuer's ability to give breaths with a bag-mask.

9	Both rescuers RESUME HIGH-QUALITY CPR immediately after shock delivery:	Cycle 1	Cycle 2
	• SECOND RESCUER gives 30 compressions immediately after shock delivery (for 2 cycles)		
	• FIRST RESCUER successfully delivers 2 breaths with bag-mask (for 2 cycles)		

AFTER 2 CYCLES, STOP THE EVALUATION

- If the student completes all steps successfully (a ✓ in each box to the right of Critical Performance Criteria), the student passed this scenario.
- If the student does not complete all steps successfully (as indicated by a blank box to the right of any of the Critical Performance Criteria), give the form to the student for review as part of the student's remediation.
- After reviewing the form, the student will give the form to the instructor who is reevaluating the student. The student will reperform the entire scenario, and the instructor will notate the reevaluation on this same form.
- If the reevaluation is to be done at a different time, the instructor should collect this sheet before the student leaves the classroom.

Instructor Signature: _____ Print Instructor Name: _____ Date: _____	Remediation (if needed): Instructor Signature: _____ Print Instructor Name: _____ Date: _____
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