

Child CPR Skills Testing Critical Skills Descriptors

1. Assesses victim and activates emergency response system (this *must* precede starting compressions) within a maximum of 30 seconds. After determining that the scene is safe:
 - Checks for responsiveness by tapping and shouting
 - Shouts for help and phones 9-1-1
 - Checks for no breathing or no normal breathing (only gasping)
 - Scans from the head to the chest for a minimum of 5 seconds and no more than 10 seconds**cardiac arrest)**
2. Cycle 1: Performs high-quality chest compressions (initiates compressions immediately after recognition of
 - Correct hand placement
 - Lower half of breastbone
 - 1 - or 2-handed (second hand on top of the first)
 - Compression rate of 100 to 120/min
 - Delivers 30 compressions in 15 to 18 seconds
 - Compression depth and recoil—compress at least one third the depth of the chest, about 2 inches (5 cm)
 - Use of a commercial feedback device/manikin is highly recommended
 - Complete chest recoil after each compression
3. Cycle 1: Provides 2 breaths by using a barrier device
 - Opens airway adequately
 - Uses a head tilt–chin lift maneuver
 - Delivers each breath over 1 second
 - Delivers breaths that produce visible chest rise
 - Avoids excessive ventilation
 - Resumes chest compressions in less than 10 seconds
4. Cycle 2: Performs same steps for compressions and breaths as in Cycle 1
5. Cycle 3: Performs same steps for compressions and breaths as in Cycle 1